

WESTSHORE BASKETBALL

NIGHT LEAGUE

U11 Boys and Girls (9 or 10 as of Dec. 31, 2017)

U13 Boys and Girls (11 or 12 as of Dec. 31, 2017)

U15 Boys and Girls (13 or 14 as of Dec. 31, 2017)

All Players welcome regardless of experience. Teams are created based on demand. Player assessments help create competitive teams and fun environments for all players

Practices are likely Friday Nights for U11 teams and Sunday Nights for U13 and U15 teams.

Additional practices are available on a rotating basis. Season runs from Early October till Spring Break.

U11 Boys – Mondays or Wednesdays – Lansdowne Middle or Central Middle

U11 Girls – Thursdays – Lansdowne Middle or Central Middle

U13 Boys – Mondays or Wednesdays – SJ Willis

U13 Girls – Tuesdays or Thursdays or Fridays – SJ Willis

U15 Boys – Mondays or Tuesdays or Wednesdays – SJ Willis

U15 Girls – Thursdays – SJ Willis

Game Nights: SUBJECT TO CHANGE. Teams are expected to be flexible on game nights

WESTSHORE RAIN

TUESDAY AND THURSDAY NIGHTS

9-WEEK SESSIONS

Learn to Play 1 – Great for players aged 4-7 with limited experience or as a first exposure to basketball - 6:00pm till 7:00pm

Learn to Play 2 – Focus for players aged 6-8 or with more experience to further develop skills 7:00pm till 8:00pm

All Rain programs at John Stubbs School

***Dates based on Registration Numbers**

WESTSHORE CAMPS

Winter Break, Spring Break and Summer camps are offered each year. Camps are located in the Westshore and are competitively priced. Daily activities include skill development, team building, ample game play and personal physical training. Players will develop confidence, coordination and cooperation in a fun, fast-paced environment. Camp leaders include Local High School coaches, high school players and community coaches. Guest coaches often attend camp. Guests include coaches from colleges and universities along with Certified Personal Trainers.

IMPORTANT DATES

August 15 – Online Sign-up Opens all Programs

Oct 3 – Nov 28 Tuesday Fall Rain

Oct 5 – Dec 7 *excl. Nov. 23 Thursday Fall Rain

October 10 – Night League Games Begin

January 2nd – 5th - Winter Skills Camp

Jan 16 – Mar 15 – Tuesday Winter Rain

Jan 18 – Mar 17 - Thursday Winter Rain

March 27-31 – Spring Break Camp

Apr 10 – June 5 – Tuesday Spring Rain

Apr 10 – June 5 – Thursday Spring Rain

Apr 8 – June 10 excl May 20 Sunday Spring Basketball

COSTS

Night League

U11 Boys and Girls - \$190 – Uniform included. Returned at end of season

U13 Boys and Girls - \$225 + \$40 - Uniform Purchase if Required. Players keep year to year.

U15 Boys and Girls - \$235 + \$40 – Uniform Purchase if Required. Players keep year to year.

Westshore Rain

9-week Session - \$90

Winter Skills Camp

4-day Session - \$150

***50% Discount for Players registered on Westshore Night League Teams**

Spring Break Camp

½ Day Camp - \$75

Full Day Camp - \$150

Spring Basketball

9 weeks - \$100 (possible exhibition games extra)

*** All information projected to be accurate, but can be subject to change**

www.westshorebasketball.com